



VERNON SKI CLUB

Excellence in Skiing and in Life



Celebrating a Successful 2022 Season!

VSC Annual General Meeting

Wednesday June 22nd

Martens' Brew Pub

7pm

All members welcome!

End of Season BBQ

When: Saturday May 28th, 3pm onwards

Where: Sovereign Park, 7604 Kidston Road

Join us for a season wrap-up barbeque and awards. Come prepared for some outdoor games and socializing with the membership. Smokies, buns and condiments provided, please bring a potluck side or dessert to share and your own beverages and lawn chairs. See you there!

Message from VSC President, Lauren Carr

Hello VSC Members!

I want to take a moment to tell you all how appreciated you all are! VSC and BC Alpine had a successful 2021/22 season because of YOU! Parents/guardians, athletes, volunteers and coaches, through all of the curveballs thrown our way with COVID, weather, hill conditions, etc. you all made this season epic! THANK YOU for your dedication to this sport and most importantly to this club!

Volunteers, you not only made our races and events happen, you made them so that everyone wants to come back to them next year! Volunteers made our tent, cabin and race centre great places to finally gather and you managed to fundraise enough to help keep our club running with the people and supplies we need to do so effectively! THANK YOU!

Coaches, your dedication to this club and wanting to consistently make it a better place for our athletes is amazing. We know, as coaches, you are all in high demand and that you could work anywhere as you are all top notch but you choose to work with OUR club and we thank you for that! These athletes are skiing and racing so well and most of all having a BLAST doing it! Thank you for doing all you can to make athletes want to keep coming back to an environment that feels safe, fun and effective! THANK YOU!

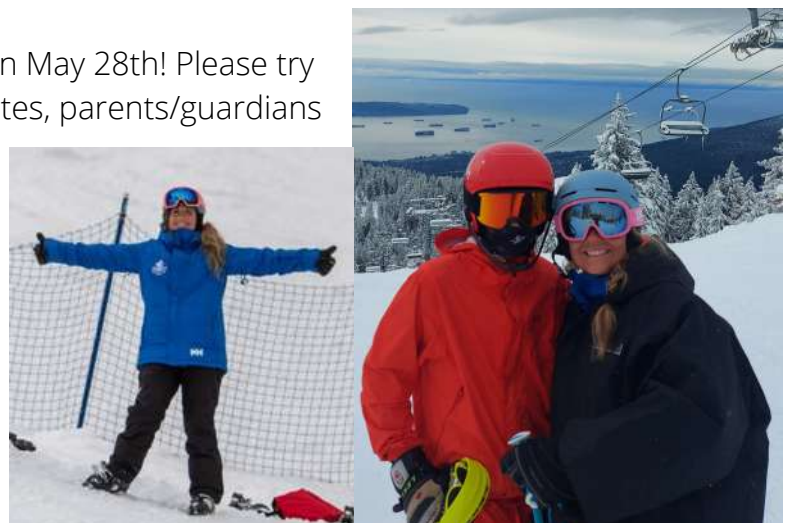
Athletes, you make every year memorable! Your keenness to learn, grow as athletes and put your best efforts into a sport we all love is so awesome to watch. I must say, as a former racer myself, you are all learning how to ski better WAAAAYYY earlier than any of us! Keep at it as the sky is the limit and you will get out of this sport as much as you put in and more! Thank you for all of the days you lifted up a teammate's spirits, helped a coach in any way and thanked a volunteer and your parents! These are just three ways (there are many more) I have witnessed some of your selfless behaviour and it is inspiring and gives me hope for the future of our club! WAY TO GO and again, THANK YOU!

Board Members, you go the extra mile! I know that all of you are volunteers on this board but ALL of you also volunteer for the races, at other club's races AND keep VSC running all year round! It warms my heart that you all want to stay on the board with me and I can't thank you enough for having me back and having MY back! :) We as club members, should all feel VERY happy and supported by this board as they make great decisions (some of them very hard ones) and put the interest and integrity of our club above all! THANK YOU!

I can't wait to see everyone at the BBQ and awards on May 28th! Please try your best to attend as they are a highlight to all athletes, parents/guardians and coaches every year we have been able to host it!

Thank you all again!

Yours Truly,
Lauren Carr
Vernon Ski Club President



What a Season!

U16+ Teck Open Provincials

Wow - did we ever pull that off! With three weeks to prepare after Kimberly Mountain lost their main lift to a fire, our club organized a mass of volunteers and readied our race centre to host the U16+ Teck Open Provincials.

With some challenging course conditions we had 160+ volunteers doing everything possible to ensure successful 3 days of racing.

Thank you to everyone who took part!



Photos by Kiss The Monkey Photography

U16 Nationals

VSC proudly sent 4 of our U16 athletes to the Nationals in Mont-Tremblant in late March. Camryn Steele, Jasmine Coubrough, Tylee Carr & Coen Gill all represented VSC and Team BC in the multi-day event. Skiing through every weather pattern imaginable and on a surface as hard as stone our athletes skied hard and had an experience of a life time. Congratulations to you all!

Nancy Greene Festival



Photo submitted by Mike Kreuger

The Nancy Green Ski League festival is arguably one of the most fun events of the seasons. U6-U12 athletes compete at SunPeaks Mountain Resort in Dual Glalom, Speed, Moguls, Kombi Course and Long Jump over 2 packed days.

A right of passage for any young racer is having their helmet signed by Nancy Greene herself.

Message from Program Director, Rodger Poole

We had a very positive 2021-2022 season at VSC and had a number of impressive performances at all ages throughout the club. Thanks to all the coaches, sponsors, parents and especially the athletes for your outstanding efforts this season. Your hard work and perseverance to be better will serve you well in sport and in life.



Kal Tire Round Up!

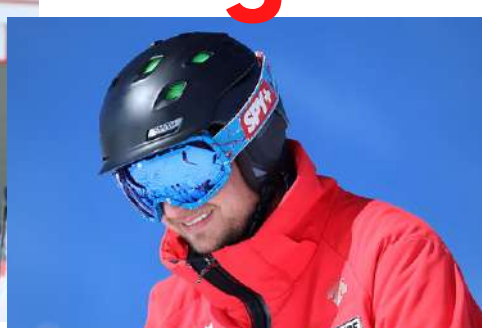


On hill photos by Jayson Mulcock

How to end our race season at SilverStar? With the **KalTire Round Up** of course! All teams took to the race centre to show off their costumes and skills on the speed trap, Kombi course, dual panel GS and long jump followed by a BBQ sponsored by Buy-Low Foods and awards.

A blue-bird sunny day made for great conditions and a fun time for all!

Coaching Staff 2022



We can truly say that at VSC we have the very best coaching staff, from our Program Director to the lead coaches at each level and all the supporting staff. This is an immensely passionate group with deep knowledge of the sport and a firm dedication to long term athlete development. Oh, and of course, the fun! Thank you to each of our coaches for their hard work this season - you are very appreciated!



Photos by Jayson Mulcock



Congratulations to Andrew Lambert

"it is with a heavy heart that I step down from the position of U16 coach after 11 seasons. Over the years it has been very rewarding to see the club's positive growth. The passion and work ethic of athletes, coaches and parents is what kept me around this long! My primary reason for leaving is that I want to spend more time with my family playing in the mountains. However, I have also accepted the position of Performance Science Lead with the Canadian Alpine Ski Team Women, effective immediately. Thank you to everyone who has made VSC such a great place to work, and particularly to my friend and boss Rodger Poole who is simply the best!"

Congratulations Andrew! You have helped built a strong culture at VSC and we have big plans to send athletes your way at CAST! In the meantime, we look forward to having you continue in the club as a member dad and volunteer !

Thank you to all our 2022 Sponsors



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Wishing everyone a happy and active off-season. Stay tuned for summer and fall dryland activities!