

VSC RISE POLICY



Background

Vernon Ski Club adopted the RISE program (founded by Lake Louise Ski Club) in order to promote respect, integrity and safety within the Club. The RISE program emphasizes positive team culture and is overseen by the RISE Committee. The RISE Committee also provides guidance to athletes, parents and coaches to ensure the RISE attributes are understood and adhered to by all club members.

Policy

1. The RISE Committee shall be comprised of two (2) Directors and five (5) parent reps.
2. Committee members will represent all age groups in the club.
3. Committee members will raise awareness of the RISE Program within VSC by continuing to develop, adapt and integrate RISE as best suited for the VSC community and culture.
4. Committee members will work closely with coaches to take nominations for RISE awards which will be presented at regular intervals throughout the season.
5. Committee members will provide guidance for the term of one season.
6. Committee members will know, understand and promote all aspects of the RISE program.

Respect

- Always act like your parents are watching.
- Use appropriate language & gestures.
- Treat others with kindness at all times.

Inclusion

- No one rides the chair alone.
- No one ever skis alone.
- No one ever eats alone.
- There is no "I" in team.

Supportive

- Cheer everyone on, team & competitors.
- Celebrate everyone's personal victories.
- Thank coaches, volunteers, hill staff.
- Help each other out.

Effort

- Trust your coaches.
- With effort there is improvement.
- Try new things.
- Work hard at drills.
- Ski to get better.