

VSC ATHLETE & PARENT CODE OF CONDUCT



Name of Athlete(s): _____

As an athlete participating in Vernon Ski Club activities:

1. I will demonstrate good sportsmanship at all times.
 - I will display respect for my teammates and do my best to be a true team player.
 - I will not interfere with, bully, steal from or take advantage of another person / teammate.
 - I will not use foul, inappropriate or abusive language or behaviour.
 - I will acknowledge all good performances – those of my teammates and of my opponents.
2. I will be courteous and display respect for my coaches and come to activities prepared to listen and learn from them. I will exercise self-control and remember that coaches, officials and parents are there to help me. I will accept their decisions and show them respect.
3. I will participate in the activities of VSC to the best of my abilities. I will remember that having fun, improving skills, making friends, and doing my best are just as important as winning.
4. I will be on time for training and race events and inform my coach in advance of any absence. If I am late it will be my responsibility to catch up with my team.
5. I will obey the Skier's Responsibility Code at all times and act in a safe manner when participating in activities.
6. I will represent VSC positively while participating in training, competitions and other activities. I will wear my team uniform while training and competing.
7. I will respect all VSC equipment provided for my use. I will assist with tear down during training and at local and away race events.
8. I will respect the integrity and judgement of race officials.
9. I will respect all club facilities and clean up after myself. I will help keep the VSC cabin/tent clean by throwing away my garbage and tidying up at the end of the day.
10. I will behave appropriately while traveling in the VSC van ensuring that the driver is not distracted by disruptive and unruly behavior. I will always wear a seatbelt.
11. I am responsible for my own gear and will take care of it. I will respect my teammates' gear and not interfere with it.
12. I will not use drugs or alcohol.
13. I will not use my cellphone during club time including on the ski hill, during breaks, in lift lines or on lifts.

I will accept responsibility for my actions. I understand that if I fail to follow the above Code of Conduct I may be subject to disciplinary action that could include, but is not limited, to the following:

- Verbal warning
- Written warning
- Removal from training/competition area
- Temporary suspension from club activities
- Long term suspension

VSC ATHLETE & PARENT CODE OF CONDUCT



Code of Conduct – Parents

As a parent member of the Vernon Ski Club:

1. I will be courteous, cooperative and respectful in my dealings with the Program Director, coaches, race officials, Board Members, volunteers, athletes, other club members and ski hill staff.
2. I will place the emotional and physical well-being of athletes ahead of any personal desire to win, realizing that athletes who feel they cannot meet their parents' expectations lose motivation.
3. I will provide support, care and encouragement for my child and all athletes participating in training, race events and other VSC activities.
4. I will guide my child(ren) to help them understand the importance of the VSC Athlete Code of Conduct.
5. I will support coaches and officials in providing a positive and rewarding sports environment for athletes and refrain from making critical comments.
6. I will support the Board of Directors, Program Director and coaches in their efforts at managing club activities and race events.
7. I will discourage the use of foul or abusive language and/or behaviour and the use of drugs.
8. I will fulfill my volunteer commitment with VSC to the best of my ability including participating in local and away race events.
9. I will provide my child(ren) with any club uniforms and ski equipment required by their programs.

As the parent of the above athlete(s) I have read the above Code of Conduct with my child and ensure they understand it. I agree that if my child does not adhere to the Code of Conduct that disciplinary action will take place. I agree that if I do not abide by the Code of Conduct, my participation in club activities and/or presence at club venues or events may be limited, at the discretion of the Board.

I have read and agree to uphold the Parent Code of Conduct.

Name of Parent/Caregiver Signature Date

Name of Parent/Caregiver Signature Date

Note: In accordance with the VSC Discipline Policy:

- *The Vernon Ski Club Board of Directors is responsible for administering disciplinary actions for any Code of Conduct violations, in consultation with the Program Director and coaches. The Board may consult with and/or take guidance from ViaSport, BC Alpine and/or Canada Alpine regarding policies and guidelines for Safety in Sport.*
- *There will be no refund of program fees for time missed resulting from any kind of disciplinary action.*